

NE Region Compiled Report

June 2016

CHNS/CHPS

Becky Lamb

- Wilbur D. Mills Coop: School Nurse Workshop, which included education on disease transmission, childhood immunizations, poison control and school nurse updates. Information distributed on SOS quitline 27 attendees
- Wilbur D. Mills Educational Cooperative: Facilitated Healthy Ar. School Wellness Workshop, which included education on emerging tobacco products, Poison Control Presentation, physical activity, healthy Arkansas 15 participants
- Cleburne and White Counties: Seven Poison Control in Action presentations for 86 participants
- Cleburne County: Basic Life Support Training and Poison Control presentation for home health nurses
- Wilbur D. Mills Educational Coop: Basic Life Support Instructor Training for school staff
- WDMEC: 3 Heart saver CPR/AED trainings for school and educational cooperative staff- Poison Control presentation provided at each training

Cindy Schaefering

- Izard-Partnered with Izard Co Extension Agent to educate children and adults on the differences in life jackets, how to measure for a correctly fitted life jacket, what type of life jacket to choose for type of water activity and when to use life jackets. Total of 18 present.
- Fulton-Educated 4-H campers on water safety and the proper selection and use of life jackets. There were 70 attendees.
- Fulton-This was a health fair put on by the county hospital for county residents with the emphasis on Strokes. The Mega Brain display from AR Saves/UAMS was there to educate attendees on what happens during a stroke. The primary focus from the health

department was on Tobacco harms, SOS Quitline, Zika, Diabetes, Immunizations, WIC, Breast care, and Family Planning services offered through the local health unit. There were 50 people total in attendance.

- Independence-Educated participants in the 4-H Day Camp about open water safety, prevention of drowning and the fitting and use of life jackets. Education about Act 811 included; a total of 30 in attendance.
- Izard-Facilitated the School Nurse Workshop. Dr. Gary Wheeler and Dr. Terry Yamauchi educated on Immunizations and Communicable Disease transmission. Poison control education provided and Paula Smith, State School Nurse Consultant provided updates to school nurses. This workshop provided 5.25 CNE's to nurses. Thirteen nurses attended this event.
- Stone-Educated expectant Moms and their support partners on infant and child safety issues. This included fire safety, child passenger safety seats, shaken baby syndrome, home safety, poisonings, and FASD. This event had 36 in attendance.
- Izard-Educated the participants and parents of the Calico Rock Library Summer Reading program on Bicycle Safety and proper helmet fitting. Participants were given a bicycle helmet after having it properly fitted. Activity sheets covered hazards of recreational cycling on the roads and hand signals to be used while riding. A total of 18 people were educated.

Karen Davis

- Presented the Matter of Balance Program to Senior Citizens in Poinsett County with NE/CHNS
- Presented Poison Control in Action to the NEA Healthy Active Workshop at the NEA Coop.
- Presented Emerging Tobacco Products and Monitor a new CPR Instructor at the Marmaduke School District in Greene County
- Served on the Panel at the Lawrence County Town Hall Meeting to be questioned by community members on the harms of alcohol, tobacco, and other drugs
- Presented FAS/SBS/DAB and SIDS to the House of Virtue – a drug rehab center with pregnant girls
- Presented Emerging Tobacco Products and taught a CPR Class to 10 Craighead Court House employees.

Laura Cook

- June 7, 10 and 24: A Matter of Balance sessions completed by NE/CHNS and I for Harrisburg Senior Center. Outreach forms submitted along with paperwork to the Injury and Violence Prevention Program
- Poison Control in Action at CRESC-Craighead, Crittenden, Cross, Jackson, Poinsett and Mississippi counties represented-12 participants each training with evaluation materials sent to IVP along with submitting an outreach- 3 days of trainings
- Poison Control in Action for Trumann School District coaches-5 participants; evaluation materials sent to IVP along with submitting an outreach
- Poison Control in Action for Harrisburg Senior Center-14 participants; evaluation materials sent to IVP along with submitting an outreach
- Facilitated Healthy Active Arkansas workshop sponsored by CRESC at Harrisburg HS; 22 participants; Craighead, Crittenden, Cross, Jackson, Poinsett and Mississippi counties represented-education included Poison Control in Action, Emerging Tobacco, Yoga for Kids, Indi star, JUA's and Healthy Active Arkansas.
- Educated 46 participants in 8 classes total at CRESC on Emerging Tobacco Products. All 5 counties represented.
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- Completed the CNE packets for the Back to school nurse workshops and the Healthy Active Arkansas Workshops to be held in the Coops this summer; entered course into ATrain along with submitting the paperwork.
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Regina Alexander

- Created 18 educational packets/folders for Walnut Ridge Head Start students and parents regarding the effects of tobacco, Act 811, second and third hand smoking, Arkansas Quitline number, playground safety, nutrition, physical activity, oral health, importance of water, WIC, family planning, and reproductive health, and a list of services Lawrence County Health Unit provides.
- Created 16 educational packets/folders for Walnut Ridge Early Learning. Students and parents were educated about WIC, family planning, reproductive health, importance of water, tobacco, Act 811, nutrition, physical activity, importance of brushing teeth at least

twice a day, playground and water safety. Students and parents were also given breast feeding posters.

- As a Wellness Ambassador with Lawrence County Extension Office, I served as an educator/team leader with teaching students aged 11-15 how to cook simple dishes such as French toast, tossed salad, and tacos. Classes were held at the Ralph Joseph Education Building in Walnut Ridge. The classes were sponsored by Lawrence Health Service and the University of Arkansas Research and Extension.
- Worked with Pi Chi Omega Chapter of Alpha Kappa Alpha to educate about nutrition, the importance of water and eating healthy food, and physical activity (Zumba & yoga) while participating in the physical activity. They sponsored their "2016 Longest Day-Alzheimer's Foundation Impact Program".
- Connected with Crittenden County Administrator, CPHE, and Southeast CHNS to provide education about nutrition, My Plate, BMI, water, sugary drinks, and physical activity education, ACT 811, second and third hand smoke, carbon monoxide readings, and the Arkansas Quitline Number at Greyhound Medical who provided no-cost medical, dental, optometry, and health and wellness services to residents of the Delta Region as one of the U.S. Department of Defense Innovative Readiness Training events.
- Collaborated with Northeast CHNS and Supervisor to create agenda for all Wellness Workshops and conduct logistics for each Coop. CHPS also conducted yoga education and activity for each Coop. I also conducted yoga education and activity for Arch Ford Coop. All participants were also educated about poison control, Healthy, Active Arkansas, Emerging Tobacco Trends, Prescription Drug Abuse, and Arkansas Game and Fish Commission.
- Attended Arkansas Healthy Life Initiative with Craighead County Extension Office to collaborate with community members to create a Jonesboro Coalition/Healthy Community